



Walmley Tennis Club

Adult Programme

Spring 2019

Day	Session	Time
Monday	Mens Team Practice	6.30pm – 8pm
Tuesday	Social Tennis Ladies Coaching - Beginners	6.30pm – 8.30pm 7pm – 8pm
Wednesday	Ladies Team Practice	6.30pm – 8.30pm
Thursday	Cardio Tennis	7pm – 8pm
Friday	Ladies Coaching – Intermediate	9.30am – 11am
	Social Tennis	10am – 12pm
	Social Tennis	6.30pm – 8.30pm
Saturday	Social Tennis	10am – 11.30am
	Mixed Coaching Session	3pm – 4.30pm

**For more information or advice on the appropriate session for you
please call or email:**

Ian Ericksen (Head Coach)

Mobile: 07595699930

email: ianericksen@hotmail.co.uk